St Eligius Celebration of the Arts and Sciences Contest: Rules of Engagement

The St. Eligius Arts and Sciences Competition is designed to be something like a martial tourney, so this contest demands face-to-face scoring. Each contestant declares his entry(s) as belonging to <u>one</u> of the following groups: (Yes, it is possible to have entries in 2 groups.)

- **Novices** have entered a few small competitions (or none) & feel rather inexperienced in A&S contests. (Analogy: competes in Rookie's Tourney)
- **Artisans** have entered competitions and have experienced getting feedback & refining their entry so it shows to best advantage. (Analogy: Cadet's/Squire's Tourney)
- **Experienced competitors** have entered several local or Kingdom-wide contests. This group also includes any Laurel whose entry is anything-BUT-what-they-were-laureled-for. (Analogy: competes in King & Queen's Champion Tourney)
- **Laurels & masters** are either members of the Order of the Laurel entering examples of the work(s) for which they received their recognition, or any non-Laurel who chooses to enter in this group, thus they are scored on their their mastery of an art or science. (Analogy: competes in Best of the Knowne World Tourney)
- Face-to-face scoring will be the order of the day so come prepared to talk about your work. We contend that A&S contest is a form of tourney-- so an in-person sport. You <u>must be present</u> to score & be scored.
- Since the combatants declare the winner of a martial bout, St. Eligius entrants will score entries in their contest group: novices scoring novice entries, Artisans scoring Artisan entries; Laurels scoring Laurels& masters entries etc. An orientation to scoring will be available for every entrant and an ombudsman-consultant will be available for each group.
- A copy of the scoring sheet appears at the end of this document or request one via: aligori@pobox.com
- Not all entries must be in the same group. Please limit entries to not more than 3 in a group, or 5 total.
- <u>Performance</u> entries should NOT be longer than ≈5 minutes for solos, or up to 10 minutes for groups.
- Research papers are limited to 8 pages & must be received in electronic format by aligori@pobox.com two weeks before the competition (by Nov 3rd). They will be read by non-contestants, but face-to-face scoring will occur.
- All food, beverage and cosmetic entries must have a full ingredients list to avoid foreseeable allergies,.
- Works too bulky to transport may be entered via photos and write-ups. Works-in-progress are welcome.
- There is no age limit on entries. Bring your best even if you made it 20+ years ago.
- A **St. Eligius' 12 Question** sheet should accompany entries (strongly recommended). It is OK to say "see documentation" and provide a more formal write-up. Try not to be too lengthy as many questions can be answered in person. Any pictures of related items or extant examples should be included to help those scoring your work. Your documentation from prior competitions/displays can be included for completeness. Sources should be generally regarded as reputable and applicable to the entry.

Special competitions are also being held concurrently:

Medieval Moment: In honor of our patron, St. Eligius, we are asking that entries include a brief description of your experience of a **Medieval Moment** during the preparation of your project. Please describe something that brought you closer to the artisan who originated the work you have adapted or used for inspiration. Descriptions may be written or verbal. A good story always scores well.

Master Alexander Challenge: In the spirit of Master Alexander the Younger, please enter an example of your work in an art that is new to you within the last year. New techniques within the art that you already practice do not count (i.e. glassblowing to enameling of blown glass beakers is an expansion of a skill, not a new-to-you art form.) Scoring will be only on the entry's meeting the criteria of the art being new to you, and not on full documentation or mastery of the art. Minimal documentation of methods and how this is new to you is required. The intent is to give a supportive venue for trying new arts without the rigors of open competition. The prize is a piece of Master Alexander's glass work presented by Lady Cassandra de Matisse.

Artisan's Progress: Display 3-5 examples of your work showing how your skill has progressed over the years. Works should include something from very early in your career (even if that was last week). Works may (but need not) be entered for individual scores. This competition is a chance to show your development as an artisan. Documentation should be very brief with rough dates of completion.

SCA Kluge: non-period items with a medieval flair (e.g. camp furniture, phone holder, lawn ornament).

Populace Choice: Vote with beans for your favorite entry. Most beans wins.

Baron's Choice: catch the Baron's eye and gain his praise and a prize.

Prizes will be awarded during court to the gentles achieving the highest score in each of the 4 groups: **Novice**, **Artisan**, **Experienced competitor**, **Laurels-&-masters**.

Additional prizes will be awarded for highest score in Medieval Moment, Progress, SCA Kluge, Populace Choice, and Baron's Choice entries. The Barony of Dragonship Haven's Arts and Sciences Champion will be selected during the day, announced and installed during court.

Not everybody wants to be scored, so **non-contestants are warmly encouraged to display their works** for the delight and amazement of the populace. Please consider showing your works and let us see what you're up to!

St. Eligius' 12 Questions (form follows score sheet)

Note: A couple of fictitious examples are shown at the very end of this document.

- 1). What did you make or do? (Include name of the piece, time period, location, info on its background.)
- 2.) What is the connection between your entry and a medieval item or practice?
- 3.) How would your entry be made/done in period?
- 4.) How was yours made/done?
- 5.) What are some similarities and differences between yours and a period artisan's efforts? (*Think about materials, process, tools, cultural-factors, approach.*)
- 6.) What inspired you? (*Try to include a picture of a period example or related items with the web address, location or reference for the source of the image.*)
- 7.) What was your favorite part of preparing your entry?
- 8.) What would you do differently next time (*imagine yourself advising someone beginning to do what you've done*)?

- 9.) What references and resources would you recommend to someone interested in your work?
- 10.) How did you find resources?
- 11.) Did you find a connection to a medieval artisan while working on your entry? If so, what was it? 12.) Any last thoughts or amusing stories about your work?

Saint Eligius Arts and Sciences Contest and Display 2013 (Circle One) Novice, Artisan, Experienced competior, Laurel/master

Entry	# Table #_	Entrant	Total Score:
)	Scorekeeper will tally subtotals
_	_		
Score	r:		
	Period Attracti Quality	Appearance: 0 1 2 3 4 5 ve presentation: 0 1 2 3 4 5 and finishing: 0 1 2 3 4 5 wish I'd done that): 0 1 2 3 4 5	(20 pts max)
			(20 pts max)
	Ingenui Neat an	Ity of project attempted: 0 1 2 3 4 5 aty and problem-solving: 0 1 2 3 4 5 aty and well-constructed: 0 1 2 3 4 5 entation and finish: 0 1 2 3 4 5	
	Period Does th	example(s) or inspiration(s) shown or discussed): are piece look/feel/sound period-accurate? details that contribute to the illusion of authenticity	0 1 2 3 4 5
	Choice Period	of period materials &/or intelligent substitutions: Process (or good reasons for modern process):	0 1 2 3 4 5
	_	tion of period practices and problem-solving:	
	St. Elig Sufficie Descrip Descrip		
	Explair Gives a	n of Information:	of origin: 0 1 2 3
	Appropriate Gro	up entered:	(5 pts max)
	Novice: minim	aurel doing anything but what they were laureled Laurel	rience in A&S Competitions, Experienced Competitior:
	Discretionary Po	ints: Award up to 5 points for extraordinary work abov	e & beyond what is expected (5 pts max)
Comn	nents: Please Use ba	ick of sheet for written comments & contact	info if needed
		special competitions below. They are to be Make your best estimate and have fun.	be scored subjectively on a 1-100 scale with 100
			description of an experience in this project bood story is always worth a few extra points.
	_	: Item for modern usage with a period flat umor, beauty. period feel, and sheer cleve	ir. Be sure to award extra points for utility, erness.
	Artisan's Progre	ss: 3-5 evamples showing growth in artis	etry & skill Items need not be scored senarately

St. Eligius 12 Questions Example (fictitiously filled out as if for a performance of Greensleeves)

- 1. What did you make or do?
 - Performed a medieval song called Greensleeves, singing & accompanying my song on a modern acoustic guitar.
- 2. What is the connection between your entry and a medieval item or practice?

 "A broadside ballad by this name was registered at the London Stationer's
 Company in September 1580,[1] by Richard Jones, as "A Newe Northen Dittye of ye Ladye
 Greene Sleves" referenced to: Frank Kidson, *English Folk-Song and Dance*. READ
 BOOKS, 2008, p.26. ISBN 1-4437-7289-5 on Wikipaedia Greensleeves article.

The song was reputed to have been composed by the English Tudor King, Henry VIII for Anne Bolyen, but-- "There is a persistent belief that Greensleeves was composed by Henre VIII for his lover and future queen consort, Anne Boleyn. Boleyn allegedly rejected King Henry's attempts to seduce her and this rejection may be referred to in the song when the writer's love "cast me off discourteously". However, Henry did not compose "Greensleeves", which is probably Elizabethan in origin and is based on an Italian style of composition that did not reach England until after his death." http://en.wikipedia.org/wiki/Greensleeves.

- 3. How would your entry be made/done in period?

 It might have been accompanied on the lute, harp or flute as a chamber piece. The words would have been close to what I have sung as I used a lyric attributed to Henry VIII from:

 http://www.luminarium.org/renlit/greensleeves.htm I am unsure of the pronunciation of some of the phrases, but I have done the best I could to achieve a pleasant effect.
- 4. How was yours made/done? I accompanied myself on a 6 string guitar strung with nylon (a reasonably close approximation in sound to period strings made of gut—not commercially available these days.) The arrangement is very simple except for the polyphonic many-layered finger picked opening and the bridge played between every 3rd stanza to relieve repetitiveness.
- 5. What are some similarities and differences between your and a period artisan's efforts? (*Think about materials, process, tools, approach and any cultural factors.*) The performer could have been solo or duet or small group, either male or female as the range is easy enough for any timbre of voice. Performer(s) could have accompanied themselves on a stringed instrument or had an instrumental accompanist. I have remained seated for this rendition, but could have stood up to gain a greater dynamic presence at the cost of a less intimate ambience.
- 6. What inspired you? *Try to include a picture of a period example or related items with the source of the image.* I have always loved a Christmas hymn (What Child is This?) set to this song so I thought I'd find out a little more about the origins of the tune. *See attached lyrics*.
- 7. What was your favorite part of preparing your entry?

 Developing the fluidity and skills that allowed a smooth and intricate guitar opening and bridge sections.
- 8. What would you do differently next time (*imagine yourself advising someone beginning to do what you've done*)? I'd edit down the stanzas to about 6 or 8 while allowing the litany

of all the material items the singer bestowes on his lover to build tension in the song without becoming predictable and boring. I might syncopate some verses to add interest. I'd sing 2 stanzas before repeating the chorus and I'd add a recorder playing the chorus or I'd ask the audience to sing along for a couple of the times it is repeated.

- 9. What references and resources would you recommend to someone interested in your work? http://en.wikipedia.org/wiki/Greensleeves and http://www.luminarium.org/renlit/greensleeves.htm
- 10. How did you find them? Cursory search of the internet.
- 11. Did you find a connection to a medieval artisan while working on your entry? I began to feel sympathy for the woman so showered by rich gifts and yet not attracted to a man much wealthier and more powerful than she. I like that she has rejected his material advances and I wonder what will happen to her?
- 12. Any last thoughts or amusing stories about your work? I was amused by finding out elsewhere that the reference to green gown could mean a gown stained by grass juices from having sex outdoors and might have been a period reference to a prostitute, randy wench or a woman of non-standard moral reputation.

Greensleeves

Alas, my love, ye do me wrong,
To cast me off discourteously:
And I have lovèd you so long,
Delighting in your company!
Greensleeves was all my joy,
Greensleeves was my delight;
Greensleeves was my heart of gold,
And who but Lady Greensleeves.

I have been ready at your hand,

To grant whatever you would crave;
I have both waged life and land,

Your love and good-will for to have.

Greensleeves, &c.

I bought thee kerchers to thy head,
That were wrought fine and gallantly;
I kept thee both at board and bed,
Which cost my purse well-favour'dly.
Greensleeves, &c.

I bought thee petticoats of the best, The cloth so fine as might be; I gave thee jewels for thy chest, And all this cost I spent on thee. Greensleeves, &c.

Thy smock of silk, both fair and white, With gold embroider'd gorgeously; Thy petticoat of sendal right, And these I bought thee gladly. Greensleeves, &c.

Thy girdle of the gold so red,
With pearls bedeckèd sumptuously,
The like no other lasses had:
And yet thou wouldst not love me!
Greensleeves, &c.

Thy purse, and eke thy gay gilt knives, Thy pin-case, gallant to the eye;
No better wore the burgess' wives:
And yet thou wouldst not love me!
Greensleeves, &c.

Thy crimson stockings, all of silk,
With gold all wrought above the knee;
Thy pumps, as white as was the milk:
And yet though wouldst not love me!
Greensleeves, &c.

Thy gown was of the grassy green,
Thy sleeves of satin hanging by;
Which made thee be our harvest queen:
And yet thou wouldst not love me!
Greensleeves, &c.

Thy garters fringèd with the gold,
And silver aglets ³ hanging by;
Which made thee blithe for to behold:
And yet thou wouldst not love me! *Greensleeves, &c.*

My gayest gelding thee I gave, To ride wherever likèd thee; No lady ever was so brave: And yet thou wouldst not love me! Greensleeves, &c.

My men were clothèd all in green, And they did ever wait on thee; All this was gallant to be seen: And yet thou wouldst not love me! Greensleeves, &c.

They set thee up, they took thee down,
They served thee with humility;
Thy foot might not once touch the ground:
And yet thou wouldst not love me!
Greensleeves, &c.

For every morning, when thou rose, I sent thee dainties, orderly,
To cheer thy stomach from all woes:
And yet thou wouldst not love me!
Greensleeves, &c.

Thou couldst desire no earthly thing, But still thou hadst it readily, Thy music, still to play and sing: And yet thou wouldst not love me! Greensleeves, &c.

And who did pay for all this gear,

That thou didst spend when pleased thee?
Even I that am rejected here,

And thou disdainest to love me!

Greensleeves, &c.

Well! I will pray to God on high,
That thou my constancy mayst see,
And that, yet once before I die,
Thou wilt vouchsafe to love me!
Greensleeves, &c.

Greensleeves, now farewell! adieu!
God I pray to prosper thee!
For I am still thy lover true:
Come once again and love me!
Greensleeves, &c.

Anonymous. "Greensleeves." *Luminarium*. Anniina Jokinen, Ed. 14 May 2009. [8/7/2013]. http://www.luminarium.org/renlit/greensleeves.htm Accessed 8/10/2013

Saint Eligius' 12 Questions Example (fictitiously filled out as if for Outdoor-brewed Ale with Homegrown Hops)

- 1. What did you make or do? (*Include name of item/action, location, time period, info on its background*.)

 I made an ale using home-grown hops from my garden this year. I made it outdoors on a propane turkey fryer.
- 2. What is the connection between your entry and a medieval item or practice? Once hops emerged as a flavoring and preservative for ales (circa 980 AD Germany, ca1380, England) the source of the hops was usually local gardeners—Kentish ales used Fuggles and Kent Goldings strains of hops. I used a descendant of Fuggles.
- 3. How would your entry be made/done in period? Well or surface water, home-malted barley, local hops, heated over a wood or charcoal fire. Ale barm (sediment from fermenting ale) or no added yeast (due to planned fermentation in a wooden vat and subsequent aging in a wooden cask would inoculate wort with local yeasts). Served from mid-fermentation (new ale) through the stage of flatness (stale ale) until it either soured or used up. Spent grain was re-extracted and the second wort was used to make small beer, a drink for the household that needs to be consumed quickly. Spent grain could also be added to coarse bread (horse bread) or fed to livestock, especially pigs.
- 4. How was yours made/done? I used well water, commercially malted barley, crystal malt, hops, heated over a gas fire in an enameled pot. Cooled wort was transferred to a sanitized plastic fermenter bucket with lid and airlock. Wyeast British Ale yeast-#1098XL was added according to package directions. I reserved, sealed and chilled 1 quart of wort after yeast has been added. Wort was fermented at room temp for 1 week, then siphoned into a bottling bucket and the quart of wort that had been removed was added back in (kreusened). The ale was sealed in sanitized glass bottles and capped for bottle conditioning and to conserve carbonation. (see procedure, attached)
- 5. What are some similarities and differences between your and a period artisan's efforts? (*Think about materials, process, tools, approach and any cultural factors.*) See above for processes.
- 6. What inspired you? *Try to include a picture of a period example or related items with the source of the image*. Home grown hops, Cascade variety, from commercially available rhizome planted in spring 2009. Cascade is a cross between the German Serbrinka (3) and England's Kent-native, Fuggles (3). I used English 2 row barley malt.
- 7. What was your favorite part of preparing your entry? Tasting the ingredients and the wort at all phases of the process.
- 8. What would you do differently next time (imagine yourself advising someone beginning to do what you've done)? I'd try fresh hops flowers vs dried, sealed, and frozen hops flowers.
- 9. What references and resources would you recommend to someone interested in your work?
 - 1.) Ale, Beer and Brewsters in England: Women's Work in a Changing World 1300-1600 Judith M. Bennett. Oxford University Press 1996
 - 2.) What references and resources would you recommend to someone interested in your work? Recreating Medieval English Ales by Tofi Kerthjalfadsson Sept 23-Dec 28th 1998 http://www.cs.cmu.edu/~pwp/tofi/medieval_english_ale.html Accessed 1/23/2013
 - 3.) http://zythophile.wordpress.com/2009/11/20/a-short-history-of-hops/ Accessed 1/23/2013
 - 4.) Digbie, K, *The Closet of the eminently Learned Sir Kenelem Digbie, kt., Opened...*, 1669, in Miscellany from D. Friedman & E. Cook, pg 99 (http://www.gutenberg.org/files/16441/16441-h/16441-h.htm)
- 10. How did you find them? My friend Rosette recommended the Brewsters and brewing book. I looked on the internet for info on hops variation. Tofi did a redaction on the fitzClare ale that he told me about and later wrote up and I've been brewing all-grain ales for 20 years so I don't have a procedure to reference on the basic ale recipe, but Digbie had some info on period brewing and bottle conditioning.
- 11. Did you find a connection to a medieval artisan while working on your entry? I got to thinking about how many pathogens are destroyed by heating water to 160°. The temperature is almost the same as where the malted grain's enzymes that degrade starches into fermentable sugars are most active—just before they are inactivated by heat—above 160-170°F. It takes boiling to extract the bittering (and the preservative qualities) from the hops flowers although aroma and flavors leach into the brew at much lower temperatures. So the work of brewing depends on being able to heat the grain/water mixture slowly so the enzymes can work and completely so the hops can give up their preservative agents (alpha acids). Like how great cooking depends on careful control of heat flow.
- 12. Any last thoughts or amusing stories about your work? My car still smells like wort since I brewed this outside and had to bring it home. There was some spillage around the airlock because the bucket tipped over in the back during a turn involving a gravel road and potholes.

All Grain Ale Recipe and Procedure

Supplies:

8 lbs cracked 2 row-English barley malt, kilned but not roasted

1 lb British Chocolate roast malt

4 oz freshly picked (undried) Cascade hops

1 tsp dried Irish moss (aids settling and clarification)

Wyeast British Ale yeast-#1098XL Activator pack, used according to packet directions.

Equipment:

3 to 5 gallon insulated **container** (water cooler) with lower edge valve and spout and lid.

Clothespin (optional) to hold spout valve open during draining.

Bag made of organza (or commercial jelly bag) that fits the cooler and hangs over the top by about a foot Large **kettle** with lid that holds \approx 6 gallons. Smaller pot or clean bucket.

Airlock (commercially available) and **Fermenter**: a 6 gallon plastic bucket with tight-fitting, gasketed lid that is drilled to accept an airlock. You can use gasket-O-rings or Teflon tape to make a tight seal.

Large **strainer** or colander, Long **spoon**. Bottling equipment.

Chlorine bleach **sanitizing solution** (4 oz of 6% sodium hypochlorite (Chlorox© bleach) with 2 oz white vinegar per 5 gallons of hot tap water) for strainer, plastic 6 gallon fermenter-bucket, lid, stirring spoon and airlock For Bottling you will need a bottling bucket (large clean 6 gallon bucket with valve spout at bottom), siphon hose, 50-60 clean 12 oz. bottles, bottle caps, capper. Sanitize all equipment that comes in contact with wort by soaking all items in hot sanitizing solution for 10 minutes, then rinsing with hot tap water. Drain. Bottles may be rinsed with sanitizing solution and drained upside down in the clean rack of a dishwasher. Bottle caps may be boiled briefly and drained in a sanitized strainer until ready to use. Avoid touching the inside surface of caps and the lip of the bottles.

Procedure:

Put cracked malt in the clean fabric bag in insulated container. Leave drawstring edge hanging outside of cooler. Add about 1½ gallons of hot water (about 150 F) to get a steeping temp of 120 and allow to rest for ½ hour.

Add ½ to 1 gallon of near-boiling water to bring temperature of the mash up to about 160°. Put insulated lid on.

Steep cracked malt grains for 1½ hours. Check temperature with clean finger and add hot water as needed to keep mash at about 160° (feels hot but doesn't burn skin). Stir from time to time. Sometimes it is helpful to place a small strainer between cloth bag and tap opening to prevent clogging the tap. You can use a spring clothes pin to keep tap open.

Drain all the liquid from insulated container into a large pot and return liquid to the insulated container (helps clarify solution). Drain all liquid from container into a large kettle. Rinse the malt (*sparge*) with a gallon of 160° water. Allow to soak for 10 minutes and drain into kettle. Rinse with another gallon of water, soak 10 minutes and drain into kettle. Rinse with a third gallon of water, soak for 10 minutes and drain into kettle. Combine all liquids. You will have around 4½ to 5 gallons of liquid.

Bring liquid to a boil and add half of the hops. Boil gently with the lid off for about an 1 hour. Turn heat down to a simmer about halfway through to prevent boiling over.

Add Irish moss and remainder of hops. Apply lid. Boil 5 more minutes. Turn off heat.

Cool to below 85 degrees. Keep the lid on the kettle until fully cooled. You can add 7-8 lbs of ice to cool more quickly. This liquid is called *wort*.

Pour cooled wort through a sanitized strainer into a sanitized 6 gallon fermenter bucket.

Add yeast. Stir. Dilute to 5 gallons with cool tap water if needed.

Remove 1 quart of wort-yeast & seal in a sanitized jar. Store in fridge until ready to bottle.

Seal on fermenter lid. Apply and fill airlock. Ferment at room temperature for 9 days.

Rack (siphon without disturbing sediment) into a sanitized bottling bucket.

Stir in the quart of cold stored wort you reserved at brewing time.

Mix thoroughly. Bottle. Allow to condition 7-10 days. Enjoy.

Suppliers: Grape and Granary http://www.grapeandgranary.com/

Maltose Express, Munroe CT http://www.maltose.com/Construction/Home.html

Make Your Own Crystal Malt: http://drinks.seriouseats.com/2012/01/homebrewing-make-your-own-crystal-malt-for-beer-how-to-technique.html Accessed 8/8/2013

St. Eligius' 12 Questions (2013 Competition Documentation Sheet)

1.)	What did you make or do? (Include name of item/action, location, time period, info on its use & background.)
2.)	What is the connection between your entry and a medieval item or practice?
3.)	How would your entry have been made/done in period?
4.)	How was yours made/done?
5.)	What are some similarities and differences in materials, process, tools, approach?
6.)	What inspired you? ? (Try to include a picture of a period example or related items (include the web address, location, reference description, or citation for the source of the image.)
7.)	What was your favorite part of preparing your entry?
8.)	What would you do differently next time (imagine yourself advising someone beginning to do what you've done)?
9.)	What references and sources would you recommend to someone interested in your work?
10.) How did you find your sources of information?
11.) Did you find a connection to a medieval artisan while working on your entry? If so, what was it?
12.) Any last thoughts or amusing stories about your work?